



# Free Family Cook-Along

**Interested in cooking as a family?**

## What is a Family Cook-Along?

**A Cook-Along is an online step-by-step cooking class that guides you and your kids through the preparation of a recipe.**

- Family and Budget-Friendly Recipes**
- Focusing on a main dish**
- Includes tips to get your kids comfortable preparing food in the kitchen**

### Where and When

Online through Zoom

February 4th , 2012

4:30-5:30pm

### who

Open to Bethel Families

### how

Registration is required. If interested, email Molly Bullock at:  
Molly. Bullock@bethel.k12.or.us

### details

Participants will need to purchase ingredients for the chosen recipe in advance.