



KITS has helped kids and families make the important transition to kindergarten for over 10 years! This year, to support parents with online learning in kindergarten we are offering a parent-only online format of KITS this fall: KITS At Home!

### **What is KITS At Home?**

KITS At Home features an evidence-based and award-winning parent group curriculum. We meet online with parents and other caregivers. Parents learn how to:

- ✓ encourage and support learning at home
- ✓ help children follow directions and cooperate with parents
- ✓ support their children to develop social-emotional skills they need to for school success

### **What are the details?**

- Meet online for one hour on two days a week. The groups last for 8 weeks.
- A variety of times and days are available.
- Parents choose their preferred language – English or Spanish.
- Groups meet through the GoToMeeting\* platform via video or phone. \*\*
- There is a raffle for a \$20 gift card at each meeting. At the end of the whole program, there is a raffle for a \$100 gift card.

### **Who is eligible?**

Parents or caregivers (for example, grandparents, other family members, foster parents) of a child who is currently in kindergarten in Lane County

### **Want to find out more?**

Fill out our [interest form](#), or contact Denise at [Denisef@oslc.org](mailto:Denisef@oslc.org) or 916-205-6851 (text is ok).

### **What are other parents saying about KITS At Home?**

- ❖ *“... KITS helped me to be more aware of the things I already do to facilitate learning with my kindergartner. I also learned some new strategies to reinforce positive behavior.”*
- ❖ *“Hearing other parents’ stories and struggles was helpful. Knowing I wasn’t alone.”*
- ❖ *“I liked that there were clear activities to practice at home that were not elaborate.”*

\* GoToMeeting works on computers, tablets, and smartphones.

\*\* If you think that you may have trouble getting access, KITS staff will work with you to find a way for you to join the groups.