



Middle School Lunch Menu

February 2019 Menu

Daily Special Listed Below:		From the Grill Cheeseburger M, TH Chicken Tenders W Turkey Dog T Fish Sandwich F Veggie Burger—Daily—V	From the Oven Vegetarian Pizza Chefs Choice Pizza	From the Deli: Deli Sandwich Yogurt Parfait W, F Hummus Plate M, W Cobb Salad T	South of the Border: Taco Salad TH Burrito M, T, W, TH Nachos F
	Monday	Tuesday	Wednesday	Thursday	Friday
Feb 4-8	Sloppy Joe	Philly Beef Sub	Fish Sticks Potato Wedges	Turkey Gravy w/ Mashed Potatoes and a Roll	Tostada Bowl
Feb 11-15	Beef Tacos Corn	Teriyaki Chicken w/ Asian Noodles	Pretzel w/ Cheese Sauce V	Brunch Lunch Day: Cinnamon Roll V Sausage Scrambled Egg V	Chicken Noodle Soup w/ Cheese Stuffer
Feb 18-22	No School Presidents Day	BBQ Pork Sandwich	Chicken Pot Pie	Mac and Cheese Corn	Chicken Chili with Corn Bread
Feb 25—Mar 1	Chicken Street Tacos Corn	Stromboli Roll with Dipping Sauce	Chicken Parmesan Garlic Bread	Grilled Cheese w/ Tomato Soup	Baked Potato w/ Toppings and a Roll
Mar 4-8	Cheese Sticks w/ Dipping Sauce	Philly Beef Sub Potato Wedges	Spaghetti w/ Meat Sauce Garlic Bread	Enchilada Stacker V Try it Thursday: Potato Turnip Gratin	BBQ Pork Sandwich
<i>This institution is an equal opportunity provider</i>			<i>Menu subject to change</i>		<i>V= Vegetarian</i>

Meal Prices 2018/2019

Shasta, Prairie Mountain, Meadow View.....\$2.40
Free/ReducedNo Charge
Milk.....\$.75

Available Daily: Color Your Plate variety bar including tossed salad greens, spinach, broccoli, beans, cauliflower, carrots, celery, cucumber, fresh fruit, canned fruit and condiments
1% Milk, Skim Milk and Chocolate Skim Milk

