



# Elementary Lunch Menu

January 2019

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Jan 7-11	Garden Burger on a Bun V Cheese Burger on a Bun	Cheese Bites with Dipping Sauce V Turkey Panini Melt	Fish Shapes Grilled Cheese V Potato Wedges	Turkey Gravy w/ Mashed Potatoes and a Roll Sub Sandwiches V	Tostada Bowl Pizza V
Jan 14-18	Beef Tacos Munchable Lunchables V	Teriyaki Chicken w/ Asian Noodles Yogurt Parfait V	Pretzel w/ Cheese Sauce Bean and Chicken Burrito	Brunch Lunch Day: Cinnamon Roll V Sausage Scrambled Egg V	Chicken Noodle Soup w/ Pita Triangles Pizza V
Jan 21-25	No School MLK Day	BBQ Pork Sandwich Bean and Cheese Nachos V	Lasagna with Garlic Bread Yummus Hummus Dippers V	Baked Chicken w/ Roll Mac and Cheese V Corn	Chicken Chili with Corn Bread Pizza V
Jan 28—Feb 1	Chicken Tenders Bagel w/Yogurt V Corn	Stromboli Roll w/ Dipping Sauce Fish Sandwich	Chicken Parmesan Cobb Salad V	Enchilada Stacker V Hot Dog on a Bun <b>Try it Thursday:</b> Blueberry Bling	No School
Feb 4-8	Cheese Bites with Dipping Sauce V Turkey Panini Melt	Garden Burger on a Bun V Cheese Burger on a Bun	Fish Shapes Grilled Cheese V Potato Wedges	Turkey Gravy w/ Mashed Potatoes and a Roll Sub Sandwiches V	Tostada Bowl Pizza V
<b><i>This institution is an equal opportunity provider</i></b>			<b><i>Menu subject to change</i></b>		<b><i>V= Vegetarian</i></b>

**Meal Prices 2018/2019**

Irving, Prairie Mountain, Meadow View.....\$2.25  
Free/Reduced .....No Charge  
Milk.....\$ .75

Available Daily: Color Your Plate variety bar including tossed salad greens, spinach, broccoli, beans, cauliflower, carrots, celery, cucumber, fresh fruit, canned fruit and condiments  
1% Milk, Skim Milk and Chocolate Skim Milk  
V Denotes entrée available as vegetarian option

