

# Bethel School District Elementary Lunch Menu



For more information on what's happening in Nutrition Services find us on FaceBook as Bethel Nutrition Services

## Harvest of the Month: Blueberries from Lochmead Farms, Junction City

# Feb 2012 Lunch Menu

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Jan 30—Feb 3	Mac and Cheese <b>V</b> Chicken Nuggets	BBQ Sandwich Grilled Cheese w/ Vegetable Soup <b>V</b>	Teriyaki Chicken w/ Asian Noodles Sub Sandwich <b>V</b>	Soft Beef Tacos Blueberry Yogurt Parfait <b>V</b> Corn	Pizza <b>V</b> Chicken Pot Pie
Feb 6-10	Baked Chicken w/ Roasted Potato Wedges Lunchables <b>V</b>	Cheeseburger on a Bun Enchiladas <b>V</b> Black Bean Salsa	Chicken Alfredo w/ Penne Taco Salad Shaker	Brunch Lunch Scrambled Egg <b>V</b> Sausage Cinnamon Roll	Pizza <b>V</b> Meatloaf Hero
Feb 13-17	Spaghetti Day <b>V</b> Popcorn Chicken Salad	Valentine's Day Chicken Patty on a Bun Chili w/ Chips <b>V</b> Chocolate Brownie	Blueberry Yogurt Parfait <b>V</b> Nachos <b>V</b>	Turkey Gravy w/ Mashed Potatoes Sub Sandwich <b>V</b> Dinner roll Green Beans	Pizza <b>V</b> Crunchy Chicken Wrap
Feb 20-24	Presidents Day	Chicken Fajitas Pizza Bagel	Orange Chicken w/ Fried Rice Sloppy Joe	Lasagna Bean Burrito	Pizza Baked Potato w/ Toppings
Feb 27—Mar 2	Mac and Cheese <b>V</b> Chicken Nuggets	Soft Beef Tacos Blueberry Yogurt Parfait <b>V</b> Corn	Teriyaki Chicken w/ Asian Noodles Sub Sandwich <b>V</b>	Fish'n' Chips Grilled Cheese w/ Vegetable Soup <b>V</b>	Pizza <b>V</b> Chicken Pot Pie

### Meal Prices 2011/2012

Elementary Lunch (Paid).....\$1.60

Elementary Lunch (Reduced).....\$ .40

Adult Lunch.....\$3.10

Breakfast is available at no charge to all students

Available Daily: Color Your Plate variety bar including tossed salad greens, broccoli, beans, cauliflower, carrots, celery, cucumber, salsa,

fresh fruit, canned fruit and condiments

1% Milk, Skim Milk and Chocolate Skim Milk

Alternate Entrees: Cheese Sandwich or Yogurt Meal

**V** denotes vegetarian entrée