

STUDENT INTERVIEW FORM

This form can be used when there is concern about suicidal and/or self-harm statements or behaviors

Name of Student _____ Staff _____

EXPLORE INVITATIONS

I'm wanting to talk to you today because (share concern that prompted need for interview):

1. Tell me what's going on for you? (You can add further explanation, such as: "You're friends say you don't seem like yourself lately" or "Your friends are concerned about some of your Facebook posts.")

2. How are you feeling about the things that have happened to you?

ASK ABOUT SUICIDE

3. Have you been thinking about killing yourself – thoughts of suicide? (Ask clearly and directly.)

LISTEN TO REASONS FOR DYING AND LIVING

4. What kinds of things/problems make you think about suicide or hurting yourself?

a. If appropriate – focus on something like this: Part of you feels suicide is the only answer, but another part wants to find another solution. Is that right?

5. What kinds of things make you want to live? What has been keeping you alive so far?

6. What has kept you going in the past when you have had these thoughts/feelings?

7. Is there anyone who could stop you?

8. Who do you trust the most?

REVIEW RISK

Frequency, intensity, duration of suicide ideation:

9. How often do you think about suicide: daily, weekly, or monthly?

10. How long do these feelings last: seconds, minutes?

11. How severe or overwhelming are they? Could you rate the intensity on a scale from one to ten?

Past attempts:

12. Have you ever tried to hurt/kill yourself before?

13. What did you do?

Plan/Method/Intention:

14. Do you have any intention of acting on the thoughts of suicide?

15. Have you thought about how and when you would do it?

16. Do you have the means available?

17. What have you done so far to carry out your plan?

Mental Health:

18. Are you receiving or have you ever received mental health care?

(Optional) 19. I do need to contact someone in your family. Which adult do you feel the most comfortable sharing this with?